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Core 1 and 2

<u>Reflection page</u>

When writing my essay titled "The Punk Movement," I used numerous websites to gather my information. In order to make sure that the information I gathered was correct, I had to check each author's background. Many of them have made quite a few other articles. All of the information I have gathered has been verified through other sources. The data also seems to be very accurate to me, and the fact that it matches up with my other resources shows that it is reliable.

Not only can some websites be unreliable, they can also cause computers to become infected with viruses. This can cause serious problems to computer software so it is important to make sure that only trusted websites are visited. Fortunately, I did not have any hardware or software problems while working on my project.

In addition to computers have problems of their own, such as viruses and worms, they have also caused many problems for people. People are more addicted to gadgets than ever before and it seems that everyone wants to own the latest technological gadgets. Most people have cell phones and use the internet on their phones frequently. It also causes people to have less physical and outdoor activity, which leads to poor health. But what is most worrisome are the dangers that come with technology, such as sexual predators, rapists, and even worse. The internet gives these people an easy way to victimize innocent people.

On the contrast, there are also many good qualities to technology. People are able to find answers to any question instantly. It has lead to families staying in contact more often, through sites such as Facebook. For those who love music, there are now ipods and itunes, so people are able to get almost any music in a matter of minutes without going to the store. People can also shop for any item you can think of, while sitting in their own comfy house. Technology can be a great thing, as long as people use it with common sense for the right reasons.